

## COLONIC THERAPY



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Zen Clinic Colonic Hydrotherapy is not a curative solution, but it helps the body fight a variety of diseases. A toxic colon (bowel) results in several health problems.

Flushing out the old, toxic mucus lining the colon can help you feel better. At the same time, the colon is open to a better method of waste removal and nutrient absorption – two necessary steps in the healing process of any disease.

The toxins present in the feces are absorbed by the wall of the colon and redistributed to the different organs of the body by way of the circulatory system.

When toxins overburden these organs, the body is at risk for a variety of health problems. Most of us do not get sufficient fiber in our diets. Instead, we eat foods that contain a lot of fat and sugar.

This creates build-up in the colon. Most of us carry between five and 10 pounds of this build-up.



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## How Colonic Hydrotherapy works?

The Zen Center uses an FDA-approved closed system machine. There is no smell or sound during the process. Through a viewing tube, you can see matter (stool, gas, mucus, etc.) leaving the body. You are thoroughly covered throughout the procedure, and within the privacy of your own room, our therapist will help you maintain the utmost dignity.

Throughout the procedure, you will be resting comfortably on your back with a pillow or a bolster under your knees and a warm blanket over you.

It is important that you feel relaxed and comfortable. Colonic hydrotherapy is a non-medical procedure and is not intended to be a treatment, prescription, or therapeutic or corrective measure for human diseases, symptoms, or conditions of any kind. Only our licensed physician can administer medical treatments.

Any medical complaint or request for diagnosis, prescription, or treatment of human diseases should be referred to a licensed physician.

If you are interested in the Zen clinic Detox procedure, Book Now or please contact us by chat or email **info@zen-clinic.com**.





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